

A La Carte List

Arlington School District - Middle and High Schools

Hot Foods / Entrée Items

Homemade Soup - 12 oz.	\$1.50	Hamburger/Cheeseburger	\$1.45/\$1.55
Corn Dog on a Stick or 6 Mini Corn Dogs	\$1.50	Hamburger, Fries, & Fountain Drink	\$3.50
Gyro	\$2.35	Chicken Tenders, Fries, & Fountain Drink	\$3.50
Nachos/Cheese Sauce	\$1.75	Specialty Cheeseburger (Bacon, Pizza, BBQ)	\$1.85
All Fried Potatoes - 4oz	\$1.50	Specialty Cheeseburger (Bacon, Pizza, BBQ)	\$3.85
Chicken Nuggets with sauce	6 / \$1.85	Fries & Fountain Drink	
Popcorn Chicken or Boneless Wings (4 oz.)	\$1.90	Bosco Breadsticks (with sauce)	3/\$2.85
Cheese Quesadilla	\$1.75	Personal Pan Pizza	\$2.50
Philly Cheesesteak / Turkey or Chicken Fajita Club	\$2.50	Pizza Slice	\$1.80
Chicken Parm / Meatball Parm	\$2.50	Pizza Slice with topping	\$1.95
Hot Dog / Chili Dog	\$1.25/\$1.75	Pizza Bites	6 / \$1.25
Taquitos or Mini Quesadilla (with salsa)	3 / \$1.25	Mozzarella Sticks (with sauce)	5 / \$2.25
Spicy or Crispy Chicken Fillet / Hard Roll	\$2.75	Stromboli / Calzone	\$2.75
Grilled Chicken Fillet / Hard Roll	\$2.75	French Toast Sticks	4 / \$1.00
Veggie Burger	\$2.00	Egg & Cheese on Hard Roll / with Meat	\$2.00/\$2.50

Salads and Sandwiches

(Multi Grain Roll Available - 75¢ extra)

Deli-Fresh Hard Roll Sandwich (lettuce w/choice of tuna, ham, cheese, turkey, salami) - fruit & milk included <small>see menu lunch</small>			
Full Boarshead Sub/Wrap (6 oz Boarshead meat and/or cheese, lettuce & tomato) and fruit or bag of chips			\$5.75
Boarshead on 6" Club Roll or ½ Wrap (4 oz Boarshead meat and/or cheese, lettuce & tomato) and fruit or bag of chips			\$4.50
PB & J Sandwich / PBJ Uncrustable	\$1.00	Tuna Salad on a Lettuce Bed	\$2.85
Tossed Salad with Dressing/Caesar Salad	\$2.50	Fruit/Cottage Cheese on Lettuce	\$2.50
Carrot & Celery Sticks with Dip	\$1.75	Spec.Salads/10" Wraps: Sw&Sour,Caesar,Spicy,	\$3.50
Vegetable Medley with Dip	\$2.00	Grilled Chicken, Crispy Chicken, Santa Fe, BLT, Tuna, Chef's	
		Chicken Snack Wraps: Ranch, BBQ, Honey Mustard	\$2.50

Baked Goods

Fresh Baked Cookie or Brownie	\$0.80	Fresh Baked Bagels (w/ butter pat)	\$1.10
Fresh Baked Large Muffin	\$0.85	Fresh Baked Bagels (w/ cream cheese)	\$1.35
Bakery Fresh Hard Roll (w/ 2 butter pats)	\$0.75	Special Occasion ChocChip Cookie-Cake	\$10.00

Beverages

Milk - 8 oz - Skim, Whole, 2%, 1%, LFChoc	\$0.50	Bottled Spring Water - 16.9 oz.	\$1.00
SunCup - 4 oz	\$0.35	Aquafina Alive, Aquafina Splash - 16.9 oz	\$1.50
Tropicana Bottle 10-12 oz.	\$1.50	Dole, Ocean Spray, Tropicana 15.2 oz	\$1.50
Hot Chocolate/Cappuchino	\$1.25	Lipton Iced Tea - 16.9 oz. / 20 oz.	\$1.75
Milk Bottle - 16 oz.	\$1.25	Sunny Delight - 16 oz.	\$1.50
Vitamin Water - 12 oz.	\$1.50	Gatorade/Nestea/Tropicana - 20 oz.	\$1.75
Capri Sun or Sunny Delight - 6.75 oz	\$0.75	Canned Drinks-11.5oz / Fountain Drinks-16oz	\$1.25
		Nesquick 16 - oz. / Sobe - 20 oz.	\$1.75

Condiments

Extra Marinara Sauce - 2 oz	\$0.35	Extra Cream Cheese - 1 oz	\$0.60
Extra Cheese Sauce - 2 oz	\$0.60	BBQ, Sw/Sr, Honey Mustard Sauce 1oz	\$0.60
Extra Salad Dressing - 1.5 oz	\$0.60	All Other Individual Pack Condiments	\$0.20

Healthy Snacks and Treats

Fresh Fruit - ½ cup or 1 piece	\$0.75	Fresh Fruit/ Fresh Vegetable (9 oz.)	\$2.00
Yogurt 6 oz.	\$1.00	Boarshead Deli Pickle	\$0.75
Yogurt & Fruit Parfait 9 oz.	\$1.25	Chips - Small	\$0.55
Cereal Bowl Pack	\$0.75	Cape Cod Chips	\$0.75
Pudding or Jello	\$0.85	Rice Krispies Treats/Small Hot Pretzel	\$0.75
Ice Cream	\$0.75	Large Hot Pretzel	\$1.50
Novelty Ice Cream	\$1.50	Trail Mix - 4 oz. portion	\$0.50
100 Calorie Snacks	\$0.75	Reduced Fat Cheese Crackers	\$0.75
String Cheese	\$0.45	Granola Bar - all flavors	\$0.75
		Extreme Fruit Snacks	\$0.50

Complete Meal Deal or Menu Lunch

Middle School / High School students **\$2.00**, Adults **\$3.50**

Sandwich Special: Deli-Fresh Sandwich on a Hard Roll or Wrap, Salad or Vegetable, Fruit & Milk

Hot Lunch: Daily Menu or Daily Hot Entrée Special, Salad or Vegetable, Bread, Fruit, & Milk

Student Breakfast

\$1.25

(Breakfast Program available in all schools)

Not All Items Available Every Day or in All Buildings

Prices Subject to Change

9/09/09