

March 17, 2020

Dear LaGrange Middle School Families,

We have compiled some resources for you to access if you need assistance during the time that school is closed.

Community Resources

Dutchess County Helpline

845-485-9700 - Call or Text

24/7 Hotline that help link you to any Community Resource that you may need (food, clothing, shelter, mental health)

Family Partnership Center

29 N Hamilton Street

Poughkeepsie, NY 12601

845-452-1110

www.familyservicesny.org

Mental Health Resources

Dutchess County Stabilization Center 24/7 Crisis Services

230 North Road

Poughkeepsie, NY 12603

1-877-485-9700

845-485-9700

<https://www.dutchessny.gov/Departments/DBCH/24-7-Services.htm>

Food

Dutchess Outreach

This organization can link you to more food resources in the community

29 North Hamilton Street #1

Poughkeepsie, NY 12601

8:30-4:00 Mon- Fri

Located in the Family Partnership Center

845-454-3792

www.dutchessoutreach.org

Public House 23

Offering free bag lunch to any Pleasant Valley family affected by school closure

5 Maggiacomo Lane

Pleasant Valley, NY 12569

845-635-3100

www.publichouse23.com

FREE Internet Services

Spectrum is offering free internet service to students for 60 Days

1-844-488-8395

How to Talk to your child about Covid-19

<https://kidshealth.org/en/parents/coronavirus-how-talk-child.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>

Sincerely,

The LaGrange Middle School Pupil Personnel Support Staff Team