Arlington Central School District Contact Tracing Process

Notification of a positive case: Can happen via parent, employee or health department notification

If the positive case DID HAVE symptoms of COVID-19:

Look back period for contact tracing is 48 hours prior to symptom onset

If the positive case DID NOT HAVE symptoms of COVID-19:

Look back period for contact tracing is 48 hours prior to date positive case was tested (test date not results date)

If positive case was NOT at school or a school event within the 48 hour look back period:

> Arlington is not responsible for identifying close contacts

Arlington notifies the health department of the positive case including the name, birthdate, address, parent information (name, phone numbers and email), test date and symptom onset date (if applicable)

The health department is responsible for contact tracing

If positive case was at school or a school event within the 48 hour look back period:

Arlington will identify all students and employees the positive case was in close contact with in the Arlington community (bus ride, classes, cafeteria, athletics, etc.)

Arlington calls or emails all close contacts to notify them they are a close contact of a positive case

Arlington notifies the health department of the positive case including the name, birthdate, address, parent information (name, phone numbers and email), test date and symptom onset date (if applicable)

Arlington provides the health department with the close contacts' names, addresses, parent information (names, phone numbers and emails)

What counts as close contact?

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more (it does not matter if you are wearing a face covering)
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the positive person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you

What does it mean to quarantine?

- Stay home
- Separate yourself from others
- Monitor your health
- Follow directions from your state or local health department

At this time, contacts of contacts are not subjected to contact tracing and are not required to quarantine

What does it mean to isolate?

- Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately
- Stay in a separate room and use a separate bathroom, if possible
- Avoid contact with other members of the household and pets
- Don't share personal household items
- Wear a mask when around other people

Positive cases typically isolate for 10 days from symptom onset or positive test date if asymptomatic

Close contacts of positive cases quarantine for 14 days from last exposure to the positive case