



ARLINGTON CENTRAL
SCHOOL DISTRICT

ARLINGTON

Continuing Adult/Community Education Program Fall 2024 Course Schedule

Welcome to Arlington's Continuing Adult/Community Education Program. We are proud to offer the following classes to Arlington and area resident adults, seniors, teens, and children.

Fall classes are being offered as follows:

- Some classes will be held in person, some will be held remotely (online), and others will be offered both remotely (online) and in person giving students a choice. Students taking classes offered online will be sent a Zoom link to join once class is established.
- All are welcome to take our courses! You do not have to be in the Arlington School District to register.
- Register at:
<https://arlingtonschools.revtrak.net/Continuing-Education/>

If you have any questions or would like to teach a class, feel free to call:

Linda Pucci, Coordinator
845-486-4860 x 32102

Look for these happy faces for classes designated for elementary and middle school aged students. Parents/Guardians must escort students to and from classroom but are not required to stay. There is no transportation for classes.



ARTS and CRAFTS

Arts and craft classes are designed for all levels. Novice, beginner, and experienced artisans are welcome and all will work at their own pace

Fresh Flower Arrangement Workshop

Anna Konys of Always in Bloom

Come join us for some floral therapy and take home your own beautiful creations, plus a handful of knowledge! You will create a fresh flower arrangement to enjoy or gift to someone you love. Hands-on experience and step-by-step guidance -Suitable for beginners -All Course Materials will be provided (you will need to bring a pair of clippers and gloves if desired) -Bring home your masterpiece!
\$60 Course #1301 ▪ Rm 1214
Weds ▪ 10/2 ▪ 6:30 - 8:30pm

Harvest Pumpkin Flower Arrangement Workshop

Anna Konys of Always in Bloom

Come join us for some floral therapy and take home your own beautiful creations, plus a handful of knowledge! You will create a fresh flower arrangement in a ceramic pumpkin to adorn your fall table. Hands-on experience and step-by-step guidance - Suitable for beginners -All Course Materials will be provided (you will need to bring a pair of clippers and gloves if desired) -Bring home your masterpiece!
\$65 Course #1302 ▪ Rm 1214
Wed ▪ 11/20 ▪ 6:30 - 8:30pm

Winter Wreath Workshop

Anna Konys of Always in Bloom



Come join us for some floral therapy and take home your own beautiful creations, plus a handful of knowledge! You will choose a Grapevine winter themed wreath or traditional Evergreen wreath to decorate with fresh herbs, greenery, and décor just in time for the holidays. Hands-on

experience and step-by-step guidance - Suitable for beginners. -All Course Materials will be provided (you will need to bring a pair of clippers and gloves if desired) -Bring home your masterpiece!
\$65 Course #1303 ▪ Rm 1214
Wed ▪ 12/4 ▪ 6:30 - 8:30pm

Holiday Boxwood Tree Workshop

Anna Konys of Always in Bloom



Learn to create a botanical decoration and add some handmade flair to your holiday season. In this class you will assemble a tree using fresh boxwood and decorate it with both natural elements and other decorations to create a new alternative to the more traditional evergreen tabletop tree. Boxwood trees can last long after the holidays with some attention and care. You will learn how to maintain your tree so it can be enjoyed for months to come.
\$70 Course #1304 ▪ Wed ▪ 12/11
6:30 - 8:30pm ▪ Rm 1214

Candle Making

with Sonia, the Candle Lady

Learn the basics of candle making! They make excellent gifts or just to treat yourself. You will learn about containers, fragrance oils, labels, wax, wicks and will receive step-by-step instructions to take home for future reference. The course fee includes all supplies and you take the candle or wax melt you make home!

Sweater Weather is Candle Weather

Learn to make a 2-wick container candle! You will have the choice to pick from two fragrance oils, Caramel Apple or Crackling Birch.
\$42 ▪ 6:30 - 8:30pm
Course #1306 ▪ Wed 10/16 ▪ Rm 1214

In Celebration of Halloween! Candle Class

We will be making a container candle using orange candle dye and you will choose from a cider or pumpkin fragrance oil to scent your candle. You'll leave with a 6oz container scented candle.

\$42 ▪ 6:30 - 8:30pm

Course #1307 ▪ Wed 10/30 ▪ Rm 1214

Learn to Make Beeswax Taper Candles

Make your own Beeswax Honeycomb 8x8 tapered candles. You will learn how to trim the wick; roll the beeswax sheet; decorate the candle and tie it with lace edge and hemp rope. The beeswax candles are unscented.

\$46 ▪ 6:30 - 8:30pm

Course #1308 ▪ Wed 11/13 ▪ Rm 1214

Learn to Make: Wax Melt Class

Not all waxes are the same. A special wax made specifically for melts will be used and poured into an 8-cavity melt container. You will select from two holiday themed fragrance oils and add your choice of dried flowers.

A non-electric small wax warmer will be included so that you can enjoy the melt you made. You'll leave with an 8-Cavity Melt and Wax Warmer.

\$42 ▪ 6:30 - 8:30pm

Course #1309 ▪ Wed 12/11 ▪ Rm 1214

Make a Holiday Themed Candle!

Learn to make a single wick container candle. You will select from two holiday themed fragrance oils. You will receive a box and ribbon for gift giving.

\$42 ▪ 6:30 - 8:30pm

Course #1310 ▪ Wed 12/18 ▪ Rm 1214

Pen & Ink Drawing & Illustration

Peter P. Dama *BFA, MFA*

This course is designed for the beginner/novice/intermediate/advance student. This course will explore illustration using micron pens and india ink allowing students to create a black and white illustration. Instructor will demonstrate different pen & ink techniques such as cross hatching, stippling, and shading. Students of all levels are welcome to join this class, including beginners looking to learn foundational illustration skills.

This class is perfect for developing and refining ink drawing skills and techniques. It is appropriate for learners on all levels with engaging drills and

exercises. The exercises in this comprehensive class are thoughtfully designed to take you from the essential elements like pen control, line consistency, basic strokes, and variations to more advanced concepts such as, blending values, controlling gradations, shading compound forms, and rendering textures. It covers all the major pen and ink shading techniques including cross-hatching, stippling, scribbling, and more. In addition, there are inspiring drawing exercises on a variety of subjects. This class is for refining your skills and helping you to create stunning ink drawings with confidence

Materials/Art Supplies list found here:
<https://arlingtonschools.revtrak.net/Continuing-Education/>

\$128 ▪ 6-8pm ▪ Room 2311

Course #1101 ▪ Mon 9/30 -12/2

No class on 10/14 & 11/11

Acrylic Painting Fundamentals & Beyond

Peter P. Dama *BFA, MFA*

This course is designed for the beginner/novice/intermediate/advanced student.

Acrylics are famous for their versatility. They can be used straight from the tube to look like oil paints. They can be thinned with water or painting medium and used like traditional watercolors. Instructive and inspirational, this course brings together the diverse styles of the American Painters and Impressionists painters to illustrate the versatility and creative excitement of acrylics.

You'll learn their tips, tricks, and techniques in step-by-step instructions. This class covers all the basic, and some not-so-basic acrylic techniques. The class begins with working from the old masters' paintings and ends with the impressionists' paintings. The class explores various techniques for applying underpainting and working glazes on top. The class introduces various painting mediums to increase the brilliance and depth of the painting. Students will explore the possibilities of combining heavy impasto with transparent glazes and varnishing techniques. This class is divided into two sections: American Painting, and European Impressionism Painting
Materials/Art Supplies needed go to:
<https://arlingtonschools.revtrak.net/Continuing-Education/>
\$128 ▪ 6-8pm ▪ Room 2311
Course #1201 ▪ Tue 10/1 - 11/19

Pottery: Clayworks Workshop

Case Cruger

Discover the ancient art of hand-building with clay to make utilitarian vessels and decorative objects without use of a potter's wheel. Learn construction methods, surface texturizing, decoration techniques, and essential terminology to develop your own aesthetic. This class is open to all skill levels, as hand building lends itself to a tranquil environment that promotes quick and competent results for beginners, and the development of skills to build more refined and complex works for experienced students. Join us to relax, explore, and create with clay while making beautiful, food-safe, and giftable ceramic pieces you'll take home at the end of the session. You may use a notebook and/or take photos during instruction and demonstrations. All making materials and tools are provided. Playlist suggestions are welcomed.

\$145 Course #1217 ▪ Rm 2311

Tue 3:15-5:15pm ▪ 10/8- 11/5

\$145 Course #1218 ▪ Rm 2311

Tue 3:15-5:15pm ▪ 11/12- 12/10

Woodworking 101

Cutting Board Workshop

Alec Cerrato

Join this class and make your own custom cutting board!

Real wood always looks so stunning, and in this class, you'll be able to arrange your own blend of walnut, maple, and cherry to create your own beautiful cutting board. You will receive a great introduction to woodworking and take home your masterpiece! In the first class, we will prepare material and cutting boards to size. Shop safety will also be covered in depth. We'll then arrange and glue up our boards. In the second class, the chips will fly as we work on routing the sides of the cutting boards and sand the boards. In the final class we will finish up the boards and apply the oil and beeswax finish.

\$148 ▪ 6:30-8:30pm ▪ Room 1315

Course #1416 ▪ Thur ▪ 9/26 - 10/24

No class on 10/3

Woodworking for Women

Alec Cerrato

Designed for beginners with little to no woodworking experience, this four-session class covers wood physics, shop safety and etiquette, an introduction to joinery concepts, and hands-on

experience with both hand tools and machinery. The project for this class is a Picture Frame. In the first class we will calculate measurements for cuts, cut material, and glue/nail the frame.

In the second week, we will be sanding and staining the picture frame.

Week three and four we will be sanding and clear coating and in. This course will give you the confidence and knowledge to work safely in the shop on your own projects and/or to move forward with more advanced woodworking classes. All tools, materials and safety equipment are provided. Wear shop-appropriate clothing - comfortable shoes and no loose or hanging items.

Although this workshop is geared for women, ALL are welcome!

\$125 ▪ 6:30-8:30pm ▪ Room 1315

Course #1417 ▪ Thur ▪ 11/7 – 12/12

no class on 11/28

Woodworking: Birdfeeder Workshop

Steve Bonzi

Discover the fascinating world of local birds in the Hudson Valley and learn how to build a bird feeder from scratch. Join us for a hands-on experience that will provide sustenance for wintering birds while offering an up-close observation opportunity. Bring your family or friends for this fun and educational activity.

Lagrange Middle School

\$95 ▪ 6-8pm ▪ Tech Room

Course #1419 ▪ Tue ▪ 10/1 – 10/15

Graphic Design as Visual Communication

Peter P. Dama *BFA, MFA*

This course is designed for the beginner/novice/intermediate/advanced student. If you have no prior experience with graphic design but wish to experience the creativity of a design career, this course is a perfect starting point. Subjects covered are: Expressive Typography, Designer as Image Maker, Emerging Media Production, Branding, Corporate Design, Graphic Design and Visual Culture, Impact and Design for Social Change (Public Service Announcements), this course will provide a solid foundation for typographic design, advertising design and graphic design, its in-depth coverage includes such topics as design

principles, the design process, concept generation, branding and visual identity, design for web and mobile, package design, portfolio development, social media, ad campaigns and more.

This course has everything you need to know to start formulating concepts and creating powerful, effective visual messages.

This class is conceptual, the medium is of your choice (Digital, Pen & Ink, Watercolor, Acrylic, Collage, Graphic or Illustrative). Finished assignments can be completed in class or at home.

\$128 ▪ 6-8pm ▪ Room 2311

Course #1305 ▪ Wed 10/2 – 12/4

No class on 10/9

Drawing Fundamentals & Beyond

Peter P. Dama *BFA, MFA*

This class is designed for the beginner/novice/intermediate/advanced student.

From the basic supplies to sophisticated shading techniques, this class is designed to give a beginning student all the integral tools they need to draw confidently. Learn how to sketch competently in a positive, encouraging environment that will give you the skills you've always wanted to bring your work to the next level. The class is designed to introduce all the basic aspects of successful drawing—rendering simple shapes, understanding light and shadow, creating volume and measuring proportion—building on each step exponentially while introducing the figure, still-life, and landscape to the proceedings. Exercises that stress constraining value and tonal control will further refine the student's basic knowledge until they can confidently produce solid imagery, enabling them to concentrate more on the fluid expression of their marks on paper instead of the simple reportage of their subject, whether it be drawing from life, still-life, landscape, or their own imaginations.

Materials/Art Supplies list for this class found here

<https://arlingtonschools.revtrak.net/Continuing-Education/>

\$128 ▪ 11:45am – 1:45pm ▪ Room 2311

Course #1602 ▪ Sat 9/28 – 12/7

No class on 10/12, 11/9, 11/30

Watercolors and Acrylic Washes

Peter P. Dama *BFA, MFA*

This course is designed for the beginner/novice/intermediate/advanced student.

The instructor will give step by step demonstrations and students will complete weekly works while learning basic into advanced watercolor techniques such as wet-in-wet, wet-on-dry, scumbling and drybrush which all will be demonstrated. At the end of the workshop, along with completed paintings, student will gain confidence to tackle their own project. When diluted with water into a transparent wash, acrylic looks exactly like traditional watercolor paints. But there are a few differences and benefits in them. First, each wash of color will dry true to their color. They don't dry lighter like their watercolor counterpart. The colors stay as deep dry, as they do when they are wet.

Watercolor is one of the most convenient and versatile mediums in the fine arts. This workshop is for those interested in trying watercolors for the first time or those who have tried watercolors and would like to improve their skills. Through demonstrations and exercises, students will learn the techniques and properties of working in watercolor, including materials, color, and drying time. Students will be guided step-by-step toward completing finished paintings. This workshop will give students a solid foundation in watercolors to build upon and enjoy for years to come. Materials/Art Supplies list for this class found here:

<https://arlingtonschools.revtrak.net/Continuing-Education/>

\$128 ▪ 9:30 – 11:30am ▪ Room 2311

Course #1601 ▪ Sat 9/28 – 12/7

No class on 10/12, 11/9, 11/30

Crochet

Beginner Class

Tina Baglione

Learn the fundamental stitches of crocheting. Class is geared to all levels. Using a variety of stitches, students will complete a scarf by the end of the session. Bring 2 skeins of acrylic #4 yarn and a set of crochet hooks to include F, G, H, I, J, K

\$84 ▪ 6:30 – 8:30pm ▪ Rm 1214

Course #1202 ▪ Tue 10/1 – 11/26

No class on 11/5

Crochet

Intermediate Class

Tina Baglione

For those who have taken Crochet I or have some experience, learn additional stitches and patterns. Bring 2 skeins of acrylic #4 yarn and a set of crochet hooks to include F, G, H, I, J, K
\$84 ▪ 6:30 - 8:30pm ▪ Rm 1214
Course #1401 ▪ Th 10/10 – 12/12
No class on 10/31 & 11/28

Creating with Watercolors for all Levels

Rebecca Paul Smith

This introductory course explores the basics of watercolor experimentation. Bring your own materials such as a 9x12 watercolor pad and brushes. What color supplies can be used: watercolor pencils, watercolor tubes, or even a watercolor palette. No experience necessary.
\$65 ▪ Room 2311 ▪ 4-6pm
Course #1402 ▪ Thur 9/26 – 10/24
No class on 10/3

Digital Photography for Beginners

Rebecca Smith-Paul

Got a new camera? Learn the basics of how to use a digital camera and software, and how to download and upload pictures using Photoshop photography software. Bring a digital camera, flash drive, SD card and USB cable. Students will send pictures to be developed to a retail outlet of their choice at their expense.
Course #1403 ▪ Thur 11/7 – 12/19
\$95 ▪ 6:30 - 8:30pm ▪ Room 1222
No class on 11/28

Craft Night Paint Party

Maureen Canevari

Create a stunning 3D wood door hanger to match your home décor. This sign has seasonal inserts and interchangeable greetings for each season.. Your first class you will paint the 10.5-inch round sign and 1 insert of your choosing. To add more inserts just sign up for another class and you can choose another seasonal design to paint. Each project is cut just for you so 3 days' notice is needed to have the product ready in time for class. All supplies are provided by the instructor with guidance on painting techniques.
Tuesdays 6:30 - 8:30pm Rm 1142

Interchangeable Door Hanger Wood Sign with Back to School/Autumn Seasonal Insert

You will paint the 10.5-inch round sign and 1 insert of your choosing.

Please choose design in advance here:

<https://form.jotform.com/242253702179051>

Material Fee to be paid to the instructor the night of class \$40

\$18 Course #1227 ▪ Tue 9/24

Pumpkin/Halloween Insert

Please choose design in advance here:

<https://form.jotform.com/242253702179051>

Material Fee to be paid to the instructor the night of class \$20

\$18 Course #1228 ▪ Tue 10/15

Thanksgiving Patriotic Insert

Please choose design in advance here:

<https://form.jotform.com/242253702179051>

Material Fee to be paid to the instructor the night of class \$20

\$18 Course #1229 ▪ Tue 11/12

Holiday/Winter Insert

Please choose design in advance here:

<https://form.jotform.com/242253702179051>

Material Fee to be paid to the instructor the night of class \$20

\$18 Course #1230 ▪ Tue 12/10

PERFORMING ARTS

Introduction to Guitar

Pat Horgan

18 +

Learn how to play complete songs on the guitar and also how to “jam” with other musicians. You’ll learn two dozen “everyday” chords that will enable you to play hundreds of popular songs. You will learn basic scales that will enable you to improvise your own solos. You will need a guitar (acoustic or electric), an extra set of strings, electronic tuner and some guitar picks. Pat Horgan has been teaching for 20 plus years, has shared the stage with The Charlies Daniels Band, The Smithereens, Monkees and many others.
\$120 ▪ 6 - 8pm ▪ Room 1214
Course #1404 ▪ Thur 10/10 – 12/12
no class on 10/31, 11/28

History of Rock n Roll: The Essential Recordings

Pat Horgan

Following the history of rock and roll records from “Rocket 88” to today. The class will have a portable record player and we’ll play vinyl records and study the works of Elvis Presley, Curtis Mayfield, The Beatles, the Rascals and many more. Pat Horgan is a former A&R record company man at Sire Records, Warner Brothers, Spectra Records and record producer at Collectables Records.

\$70 ▪ 5-6pm ▪ Room 1214

Course #1418 ▪ Thur 10/10 – 12/12

no class on 10/31, 11/28

Belly Dancing



AYLEEZA (Lisa Quattrochi)

In Belly Dance Style by Ayleeza you have a chance to evolve in a more organic way. Through fun class interactions and dancing combinations we will create a bridge into our powerful dancing self. *All Levels Welcome; belly dance music, pop and country music will also be used. (7 weeks)

\$96 ▪ 7 - 8pm ▪ Dance Room

Course #1104 ▪ Mon 9/30-12/2

No class on 10/14, 11/25

Line Dancing



Dance away the stress & worry of the week during ACS&D's Thursday Night Dance Parties with Line Dance Duo, Colleen Axelrod & Aisha Phillips. Classes will be taught in the Café C/D and Online You may choose either location.
\$100 ▪ Th 9/26-11/21
no class on 10/3

Beginner Line Dance Party

This beginner class teaches the fundamental steps of Line Dancing while having a seriously, ridiculous fun time! No experience needed, bring comfortable shoes that allow you to boot scoot boogie.

Course #1405 ▪ 6 - 7:15pm

Improve Line Dance Party

The Thursday Night Dance Party continues on into the night with our improver class! This class is for experienced dancers who want to improve their skills learning improver & intermediate dances while still having seriously ridiculous fun!

Prerequisite: Must take Beginner Line Dance for a minimum of one continuous year, and have a basic comprehension of country line dance steps and terminology.

Course #1406 ▪ 7:30 - 8:45pm

Social Dancing

Esther Odescalchi



Basic Ballroom and Latin

Learn the joy of dancing with a partner whether you are preparing for your wedding dance or just want to have fun. Studies show that social dancing makes you smart. No other activity integrates so many brain functions at once — kinesthetic, rational, musical, and emotional.

Social Dancing encompasses music, motion, rhythm, and mathematics and is an excellent exercise in a pleasurable atmosphere offering social interaction, romance, memory training and fun.

\$98 ▪ Course #1203

Tues ▪ 10/1 – 11/26 ▪ 6 - 7pm

Cafe B ▪ No class on 11/5

Intermediate/Advanced Ballroom

This class is for experienced dancers. Continue to enjoy the benefits of social dancing as described above and learn new patterns and new dances. Any dance of your choice.

\$98 ▪ Course #1204

Tues ▪ 10/1 – 11/26 ▪ 7 - 8pm

Cafe B No class on 11/5

Special Dance - Swing

This class concentrates on swing dancing. You learn several fun movements in this popular dance in the single and triple swings. For basic and experienced dancers. Enjoy the benefits of social dancing as described above and have fun! **\$98 ▪ Course #1205**

Tues ▪ 10/1 – 11/26 ▪ 8 - 9pm

Cafe B No class on 11/5

CULINARY ARTS

Cookie Decorating Workshops

Jessica Flynn of *Jessica's Sweets Shop*



Spend an evening with Jessica's Sweets Spot, learning to decorate sugar cookies! Our step-by-step instruction makes it easy for even a beginner to learn the basics of cookie decorating. Each class will involve decorating 6 cookies, and all of the necessary materials will be provided. Just come as you are and be ready for some fun!

*Adults are welcome to attend as long as they don't mind there being kids as well.

Back to School!

Students under 10 must be accompanied by an adult, if an accompanying adult wishes to participate a separate ticket will need to be purchased in advance.

\$55 ▪ Course #1206 ▪ Ages 7-16

Tues 9/24 ▪ 6-8pm ▪ Room 1120

Arlington Spirit! Pep Rally Set

AOE Go Admirals!

\$55 ▪ Course #1407 ▪ Ages 13+

Thur 9/26 ▪ 6-8pm ▪ Room 1120

Halloween Cookies

Students under 10 must be accompanied by an adult, if an accompanying adult

wishes to participate a separate ticket will need to be purchased in advance.

\$55 ▪ Course #1408 ▪ Ages 7-16

Thur 10/24 ▪ 6-8pm ▪ Room 1120

\$55 ▪ Course #1105 ▪ Ages 13+

Mon 10/28 ▪ 6-8pm ▪ Room 1120

Thanksgiving Cookies

Students under 10 must be accompanied by an adult, if an accompanying adult wishes to participate a separate ticket will need to be purchased in advance.

\$55 ▪ Course #1409 ▪ Ages 13+

Thur 11/21 ▪ 6-8pm ▪ Room 1120

\$55 ▪ Course #1501 ▪ Ages 7-16

Fri 11/22 ▪ 6-8pm ▪ Room 1120

Christmas Cookies

Students under 10 must be accompanied by an adult

\$55 ▪ Course #1311 ▪ Ages 13+

Wed 12/11 ▪ 6-8pm ▪ Room 1120

\$55 ▪ Course #1502 ▪ Ages 7-16

Fri 12/13 ▪ 6-8pm ▪ Room 1120

Culinary Classes with

Chef Gina

Chef Gina of Personal Plates, LLC

Personal Plates, LLC is a woman-owned small business providing cooking classes in Dutchess County, NY.

Recipes will be beginner friendly with the only requirement of a desire for learning culinary life skills.

Students will be able to eat the food they prepare or take home.

Classes will run about 2-2.5 hours to include student clean-up of their station and dishes. All supplies and ingredients are included in the registration fee.

Chef & Chef Jr

Cooking class series for younger chefs, ages 6 and older, to cook alongside their adult guardian.

Hispanic Heritage Month

Shrimp Tacos with Charred Corn Salad

\$125 ▪ Course #1603

Sat 9/28 ▪ 1-3:30pm ▪ Room 1119

Empanadas from Scratch

Cheese Empanadas

\$125 ▪ Course #1604

Sat 10/12 ▪ 1-3:30pm ▪ Room 1119

Intro to Knife Skills

Vegetable Pan Fried Gyozas

GF/Vegan/Nut free

\$125 ▪ Course #1605

Sat 10/26 ▪ 1-3:30pm ▪ Room 1119

Pasta from Scratch

Spaghetti and Meatballs

\$125 ▪ Course #1606

Sat 11/23 ▪ 1-3:30pm ▪ Room 1119

Let's Bake!

Chocolate Lava Cake with Fresh Ice Cream

\$125 ▪ Course #1607

Sat 12/14 ▪ 1-3:30pm ▪ Room 1119

Adult Night Out Cooking Classes

Bring a friend or make a friend while learning to cook from scratch.

This cooking class series is geared to adults looking to learn new skills and techniques. Some experience in the kitchen is recommended

Hispanic Heritage Month

Chimichurri Steak w/ Roasted Veg & Flan Caramel

\$80 ▪ Course #1608

Sat 9/28 ▪ 4-7pm ▪ Room 1119

Empanadas from Scratch

Beef Empanadas with Rice & Beans

\$80 ▪ Course #1609

Sat 10/12 ▪ 4-7pm ▪ Room 1119

Knife Skills

Vegetable Spring Rolls w/ Asian Salad

GF/Vegan/Nut free

\$80 ▪ Course #1610

Sat 10/26 ▪ 4-7pm ▪ Room 1119

Homemade Pasta from Scratch

Roasted Butternut Squash w/ Ricotta Stuffed Tortellini

Fresh made pasta course!

\$80 ▪ Course #1611

Sat 11/23 ▪ 4-7pm ▪ Room 1119

Let's Bake!

Coquito Inspired Tres Leche Cake

\$80 ▪ Course #1613

Sat 12/14 ▪ 1-3:30pm ▪ Room 1119

PERSONAL ENRICHMENT

LEGO® Club

LEGO® Education inspires learning you can build on



You can build just about anything with Legos® This will be an open build class where students will work together to create, engage in teamwork, and make friends!

What will we build...well the sky is the

limit! UVMS students will have the option of taking the late bus at 3:30 or can be picked up. Transportation is NOT available to anyone who is not a student at UVMS.

Union Vale Middle School

2:30 – 3:30pm ▪ Grades 6-8

\$50 ▪ Course #1219 ▪ Library

Tues 9/24 – 10/15

\$50 ▪ Course #1420 ▪ Library

Thurs 9/26 – 10/24 (no class on 10/3)

\$50 ▪ Course #1220 ▪ Library

Tues 10/22 - 11/19 (no class on 11/5)

\$50 ▪ Course #1421 ▪ Library

Thur 11/7 – 12/5 (no class on 11/28)

Tech Savvy Seniors

Kristy O'Connell

Welcome to our "Tech Savvy Seniors" computer class! In this warm and friendly environment, we're dedicated to providing older adults with little or no prior experience in the digital world the opportunity to embrace technology confidently. Our goal is to empower you to navigate computers with ease, opening doors to a whole new world of possibilities.

Unlock the Digital World: Join our tech-savvy seniors course designed for beginners and intermediates alike.

Whether you're just starting your digital journey or looking to enhance your tech skills, this course is tailored to meet your needs. Discover the fundamentals of smartphones, computers, and more.

Explore social media, messaging, the ins and outs of the internet, and learn to be productive while staying safe in the digital realm. Embrace the power of technology with confidence and connect with your loved ones, access information, and explore new horizons.

Key Learning Areas:

Computer Basics, Introduction to the Internet, Communication Tools and Google Suite. It's never too late to become a tech-savvy senior.

No prior computer experience is necessary. All you need is a willingness to learn and an open mind. We'll provide the computers and equipment required for the class, so you don't need to worry about bringing anything but yourself.

Course #1410 ▪ Thurs 10/24 - 11/21

\$48 ▪ 4:30-5:30pm ▪ Room 1126

IRA Planning and Strategies

Jean Riordan, CFP

IRA planning is a complex process, and the decisions you make today can tremendously impact your overall retirement plan. Attend, and you will learn about the following:

-Strategies for IRA planning
-Rollover options for your retirement plan funds

-Common required minimum distribution mistakes

-The difference between indirect and direct rollovers

-How to coordinate your IRA planning with your overall retirement, estate, tax, education, Social Security, and financial plans

-Various options for spousal IRA beneficiaries ..And much more!

No Fee ▪ 6:15 - 8pm ▪ Room LGI

Course #1207 ▪ Tues 10/8

Tax Planning Through the Four Stages of Retirement

Jean Riordan

In retirement, your tax rate may vary widely over the years based on the timing and order in which you use different sources of money to pay for your living expenses. You want to apply the tax code in an organized and efficient way. Attend and you'll learn the following: • Address how taxes impact Social Security and Medicare • Surprises that often make retirement more expensive • What the Social Security "tax trap" is and how you can avoid it • Why tapping assets in the wrong order can trigger higher Medicare premiums • Why you need to manage taxes even before you retire • Mistakes to avoid when it comes to your investment portfolio, health care.

No Fee ▪ 6:15 - 8pm ▪ Room LGI

Course #1208 ▪ Tues 10/15

Investing in Today's Markets

Jean Riordan, CFP

Have you ever wondered if your portfolio was properly invested?

With all the uncertainty today and the volatility of the markets, most people are concerned about investing risk. Unlike generations prior, we are solely responsible for providing ourselves with an income stream that will be needed for decades— a daunting task! Attend and you'll learn the following:

Basics of investing

Different types of investments available today

How proper asset allocation can help reduce risk in your portfolio

Types of strategies to reduce market timing

Tax strategies to help increase investment returns

Types of retirement accounts

Rebalancing and Risk ..And much more!!

Course #1209 ▪ Tue 10/29

No Fee ▪ 6:15 - 8:pm ▪ Room LGI

Retirement Planning Boot Camp (3 nights)

Jean Riordan, CFP

Did you know that most people spend more time planning a week-long vacation than they do their retirement? This boot camp series aims to change that and better position you for your golden years.

Upon completion of our 3-class series, you'll have a good understanding of some of the most common challenges pre-retirees (and many retirees) encounter. Our series will cover five key areas; investing (including how to provide an income stream that outlives you), IRA strategies (rollover options and common RMD mistakes), tax planning (knowing the actions you should be taking throughout each stage of retirement), healthcare (managing expenses, transitioning to Medicare, and long-term care), and estate planning (how to prepare for a smooth transition of your assets). We encourage everyone to attend all three sessions to get the most out of boot camp. However, you can participate in individual classes if your schedule doesn't permit.

Course #1210 ▪ Module 1 ▪ Tue 11/12

No Fee ▪ 6:15 - 8pm ▪ Room LGI

Course #1211 ▪ Module 2 ▪ Tue 11/19

No Fee ▪ 6:15 - 8pm ▪ Room LGI

Course #1212 ▪ Module 3 ▪ Tue 12/3

No Fee ▪ 6:15 - 8pm ▪ Room LGI

COLLEGE 101

How to Pay for College without Going Broke



Stephanie Mauro

Are you worried about how you'll afford college tuition without breaking the bank? Don't stress – we've got you covered! Come to this seminar where we'll dive into expert tips and strategies on how to finance your college education without sacrificing your financial stability. Whether you're a high school student, a parent, or an adult considering going back to school, this webinar is for you!

Here's what you can expect to learn:

Navigating Financial Aid: Learn about the different types of financial aid

available, including scholarships, grants, loans, and work-study programs. Discover how to maximize your eligibility for each.

Strategic Planning: Understand the importance of early financial planning for college expenses. We'll share actionable steps you can take to prepare financially for higher education.

Reducing College Costs: Explore innovative ways to cut down on college expenses, from choosing the right school to leveraging resources like community college and online courses.

Avoiding Common Pitfalls: Get insights into common mistakes students and parents make when it comes to paying for college – and how to avoid them.

Q&A Session: Have burning questions about financing college? There will be a Q&A and the end of the presentation.

Don't miss out on this invaluable opportunity to gain financial peace of mind while pursuing your student's educational dreams.

Register now and take the first step toward a brighter, more affordable future!
No Fee ▪ **6:30 - 7:30pm** ▪ **Room 1112**
Course #1411 ▪ **Thur 10/17**

COLLEGE ENTRANCE EXAM REVIEW CLASSES

SAT Verbal Prep Class

Ms. Lori Tse

Review vocabulary, improve reading skills, and writing, including sentence structure and completion.

\$165 ▪ **Course #1221** ▪ **Room 2134**
Tue 10/15 – 12/3 ▪ **3 - 5pm**

Math SAT Review Class

Mary Dwyer

Review the math curriculum, including word problems, fractions, decimals, and equations in preparation for the 11/2 SAT exam.

\$145 ▪ **Course #1320** ▪ **Online**
Wed ▪ **9/25 – 10/30** ▪ **3:30 – 5:30pm**

NOTARY PUBLIC REVIEW WORKSHOP

Victor Bujanow, CIC

This online workshop is a must for those preparing to take the New York State Notary Public test. It will provide you with a comprehensive view of the Notary Public office including becoming fully aware of the authority, duties and responsibilities involved in becoming a Notary Public Officer and to illuminate situations that a Notary Public officer is likely to encounter, including avoiding conflicts of interest, maintaining professional ethics, charging proper fees, handling special situations, when to defer

an attorney, and minimizing legal liability. **This online class is for test preparation only.** An 80 question Practice Exam which attempts to emulate the actual New York State mandatory exam will be given. All materials will be provided including text and website links to NYS Department of State licensing information, booklets and forms. *A one-time \$15 examination fee is required payable to the Department of State at the time you register for the exam at the test center. Upon passing the exam, students will receive an application form to submit with a \$60 license fee (good for 4 years).*

Course #1412 ▪ **Thu 10/24**
\$54 ▪ **5:30 – 9:30pm** ▪ **Online**

CERTIFICATION COURSES

Robert Parrinello CFSHM, EMT, PlumSafety.Net

Adult and Pediatric CPR/AED/FIRST AID CERTIFICATION

This course will prepare you to recognize and care for breathing and cardiac emergencies involving adults, children, and infants. It will teach you Cardiopulmonary Resuscitation (CPR) and can help you save a life during a cardiac or breathing emergency. Expert training and OSHA compliant. Upon successful completion of this course, you will receive a digital certificate for CPR and AED valid for two years from American Red Cross. Course includes First Aid/CPR/AED eBook Participant's Manual. Course Duration 4 hours, Certification Valid 2 Years

Course #1222 ▪ **Tue 10/8**
\$129 ▪ **5-9pm** ▪ **Library Classroom**

Course #1223 ▪ **Tue 11/19**
\$129 ▪ **5-9pm** ▪ **Library Classroom**

ALLERTRAIN™ ALLERGY & GLUTEN FREE CERTIFICATION

AllerTrain™ is the leading food allergy and gluten-free training program for the food service industry and accredited by the American National Standards Institute (ANSI) This course will cover: Food Allergies, Gluten Free and Food Intolerances, Sensitivities & Emergencies. Following the successful completion of the course final exam, each participant will be issued an AllerTrain™ Certificate of Achievement that is accredited by ANSI. Certificate is valid for 3 years. Includes AllerTrain™ workbook with exam answer key, Classroom Instruction, & Certification Exam.

Course #1224 ▪ **Tues 10/1**
\$109 ▪ **5-9pm** ▪ **Library Classroom**

SERVSAFE® FOOD SAFETY MANAGER CERTIFICATION

Become a Certified Food Protection Manager. Successful completion of the course and final exam will provide you

with a Certified Food Protection Manager (CFPM) Certification valid for 5 years.

This is a 2-part course and you must attend both sessions.

Participants will receive SERVSAFE® eBook study guide and practice tests.

Course #1225 ▪ **Tue 10/15 & 10/22**
\$215 ▪ **5-9pm** ▪ **Library Classroom**

HEALTH, FITNESS & WELL-BEING

For all fitness classes, bring a water bottle and towel. Wear loose fitting, comfortable clothing and sneakers.



These classes include pranayama, meditation, asana, and relaxation; folding all the essentials and benefits needed for a good Yoga foundation, including important tips to tailor your Yoga practice for your individual needs.

Yoga for all Levels

Gina Luna-Maserjian

This 90-minute class will cover yoga basics and essentials for a full yoga practice. Each class will consist of meditation, pranayama (breath work), asana (yoga poses, stretching and toning) and relaxation.

This practice will help increase flexibility, mobility and strength, both physically and emotionally. Please bring: sticky mat, 2 yoga blocks, towel, and yoga strap

\$96 **4 – 5:30pm** **Dance Room**
Course #1312 **Wed** ▪ **9/25 – 11/20**
no class on 10/9

Yoga for all Levels

Sandi Grafmuller

This 90-minute course will cover yoga basics and essentials for a full yoga practice consisting of: meditation, stretching, toning & strengthening, yoga asana and relaxation while increasing your flexibility and strength, both emotionally and physically. Bring a sticky mat, 2 yoga blocks, and a belt.

\$96 **6 - 7:30pm** **Dance Room**
Course #1313 ▪ **Wed** ▪ **9/25 – 11/20**
no class on 10/9

Chair Yoga

Gina Luna-Maserjian

Chair yoga is a gentle way to improve mobility, strength, flexibility, and balance. A folding chair is used as a supportive prop to modify the poses so they are accessible to just about everyone. This helps deepen your understanding of the poses and enhances your yoga experience. This class is suitable for students of all levels and

abilities as well as students working through injuries. Please bring: sticky mat, 2 yoga blocks, towel, and yoga strap.

\$96 4 – 5:30pm Room 1422
Course #1413 Thurs 9/26 – 11/21
No class on 10/3

Slow Flow Vinyasa

Alexandra Tse

Unwind from the day and connect breath to movements to enhance the mind body connection. We will move through sun salutations, standing postures and some balancing work to build strength and heat while focusing on safe and appropriate alignment to work the major muscle groups and encourage dialogue between various moving parts. We will practice pranayama (breath regulation) and work our way through the 7 main chakras, or energy centers, throughout this series. Open to all levels, no previous experience required.

\$85 • 3-4pm Room 1422
Course #1321 • Wed 9/25 – 10/30

Pilates Fusion

Alexandra Tse

Connecting to our core, to create more coordination and cohesion with our daily movements. We will move through some traditional Pilates Mat exercises to engage the Powerhouse and stabilize the spine. We will also spend some time restoring the targeted muscles with active stretches, myofascial release and diaphragmatic breathwork. This class is 45 minutes and open to all levels. Modifications will be provided for those with injuries or any limitations.

\$85 • 7:45-8:45pm Dance Room
Course #1321 • Wed 9/25 – 10/30

Yoga for Kids

Angelique Schneider

Give your Child the Gift of Mindfulness!

Is your child ready to explore the benefits of mindfulness and yoga! Join us for our exciting after-school program led by Angelique Schneider, a dedicated Noxon teacher! What we offer:

Breathing Techniques: Learn how to calm the mind and body.

Yoga Poses: Develop flexibility and strength in a fun way.

Relaxation Techniques: Discover ways to unwind and de-stress.

Guided Meditation: Cultivate focus and inner peace.

Yoga Games: Enjoy playful activities that reinforce mindfulness.

Art Activities: Express creativity while relaxing.

Whether your child is new to yoga or has some experience, this program is designed to be welcoming and beneficial for everyone. All they need is a yoga mat and a willingness to explore!

Give your child the tools to thrive both physically and emotionally!

There is No transportation for this class- students must be picked up by 4:30pm

Noxon Road Elementary

Thurs • 3:30-4:30pm

\$50 • Course # 1423 • 10/10-11/14

No class on 10/24 or 10/31

\$50 • Course # 1424 • 11/21-12/19

No class on 11/28



The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program. Our goal is simple: We want you to want to work out, to love working out, and achieve long-term benefits while having an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! For men and women of all ages, all levels, this workout is great for your body and your heart. You'll burn calories, lose weight, laugh and have a fun time while working with a variety of Latin rhythms. No dance experience necessary.

Stephanie Paniccia Vito

\$80 • 6:30 - 7:30pm • Room 1422

Course #1314 • Wed 9/25 – 11/6

No class on 10/9

\$80 • 6:30 - 7:30pm • Room 1422

Course #1315 • Wed 11/13 – 1/8

No class on 11/27, 12/25, 1/1

Tri-Zone Fitness

Mary Beth Neils

AAFA Personal Trainer & Fitness Instructor Ages 16 and up

Come join this 45-minute full body workout that is formatted with timed drills focusing on strength, conditioning and core moves. All levels are welcome. Dumbbells, mat and thigh band are recommended. • **Dance Room**

\$85 each session • 5:30 – 6:15pm

Course# 1213 • Tue 9/24 – 10/29

Course# 1214 • Tue 11/12 - 12/17

Strength and Conditioning

Mary Beth Neils

AAFA Personal Trainer & Fitness Instructor Ages 16 and up

Come join this 45-minute workout that will help you build lean muscle mass and muscle endurance. Weights and a mat are recommended. • **Dance Room**

\$85 each session • 2:45-3:30pm

Course# 1316 • Wed 9/25 – 11/6

No class on 10/9

Course# 1317 • Wed 11/13 – 1/8

No class on 11/27, 12/25, 1/1

Tri-Zone Kickbox Workout

Mary Beth Neils

AAFA Personal Trainer & Fitness Instructor Ages 16 and up

Come join this 45-minute class that will focus on timed drills utilizing kickboxing moves that will build strength, endurance and core stability. Light weights or kickboxing hand weights are recommended.

Dance Room

\$85 per session • 6:30 – 7:15pm

Course# 1414 • Thur 9/26 – 11/14

No class on 10/3 & 10/31

Course# 1415 • Thur 11/21 – 1/9

No class on 11/28 & 12/26

Nutrition Basics Pop-Up

Workshop

Mary Beth Neils

Certified NASM Nutrition Coach
AFFA Certified Personal Trainer

Calories Matter!

Come and learn what macronutrients are, their importance and purpose in our diet. Learn how to

incorporate these in your diet to ensure

you are eating well-balanced, quality foods that will help you

live optimally. Handouts will be provided.

\$22 • Course #1215 • Tue • 10/15

6:30 – 7:45pm • Room 1112

Walking - Natural Fitness

Pam Strauss

Whatever your age, ability or body type, a lifetime of fitness is right at your feet! No expensive equipment needed, just a sturdy pair of sneakers. Each class will include simple stretching, a walking phase appropriate to your fitness level, and a cool down. Group walking in a comfortable indoor environment will make your workout a pleasure. Bring hand weights for more of a workout.

\$64 • Course #1111 • 10/1– 11/21

Main Lobby • Tue & Thurs • 6 - 7 pm

SPORTS



Baton Twirling (5 - 12 yrs old)

Allison Labate of Silver Starlites



*Twirling is taught at
Union Vale Middle School, 1657 E.
Noxon Road, Lagrangeville*

Twirling is the fun and unique sport that enhances coordination and fine motor skills and fosters sportsmanship, goal setting, memory skills and exercise. In addition to learning various twirling techniques, students will participate in a few competitions through the course of this full year program. Orientation day will be held on October 10 to meet with instructor to be measured for a baton and costume. *A \$25 fee is payable to instructor for student's baton on October 10.* Course fee is \$85 for the fall semester and is due with registration.

Register online:

<https://arlingtonschools.revtrak.net/Continuing-Education/>

or in-person on 10/15 at UVMS

**\$85 ▪ 6 - 8pm ▪ Union Vale MS Gym
Course #1216 ▪ Tues 10/22 - 1/6**

Arlington Wrestling Club

Jason Nesbitt and Dan Plunkett



LaGrange Middle School

Wrestling Room located at 110 Stringham Road, 8/10-mile south of Route 55 in Lagrangeville. Students to wear T-shirts, shorts, and socks or wrestling shoes and bring water bottles and a towel. Mon & Wed ▪ 11/4 - 1/22 (No class on 11/11, 11/27 12/23, 12/25, 12/30, 1/1, and 1/20))

Instructional Wrestling Program K-6

This class is for kids who are new or in their first years of learning the sport. Wrestlers will learn basic fundamentals through direct instruction, drills, games, and live wrestling. Wrestlers will be paired based on their approximate weight and experience. Wrestling shoes are optional.

\$88 ▪ Course #1112 ▪ 6 - 7pm

Competitive Wrestling Program

This class is for experienced wrestlers who are currently in a wrestling program or compete in tournaments. Wrestlers will sharpen their skills with a balance of specialized techniques, competitive games, and live wrestling. Wrestling shoes and headgear are recommended.

Course #1113 ▪ 7 - 8pm ▪ \$88

Basketball

Jacob Rao Noxon Road Elementary

This program will work on skills such as dribbling, passing, shooting, defense and footwork. We will also discuss practices of a good teammate. Students should wear sneakers and athletic wear and bring a water bottle. There is no transportation for this after school class. Parents to pick up at 4:15pm.

Thurs ▪ 3:30-4:30pm

\$70 ▪ Course 1425 ▪ 9/26-11/21

No class on 10/3, 10/24 10/31

Fri ▪ 3:15-4:15pm

\$70 ▪ Course 1503 ▪ 9/27 - 11/8

No class on 10/11

Pickleball

Dave Gatta



Participate in the fastest growing sport in America. During this one-hour session there will be warm up activities and game play. Please bring a pickleball paddle and dress for physical activity-active clothing and sneakers.

Union Vale Middle School Gym

\$90 ▪ Course # 1318

Weds ▪ 11/6 - 12/18 ▪ 5:30-6:45pm

no class on 11/27

\$90 ▪ Course # 1319

Weds ▪ 11/6 - 12/18 ▪ 7-8:15pm

no class on 11/27

\$90 ▪ Course #1320 ▪ Weds

1/8/25 -2/26/25 ▪ 5:30-6:45pm

no class on 1/29

\$90 ▪ Course #1321 ▪ Weds

1/8/25 -2/26/25 ▪ 7-8:15pm

No class on 1/29

FAMILY FUN!



THE GREAT JACK O' LANTERN BLAZE

at Sleepy Hollow

Don't miss the area's biggest Halloween event!

The wildly popular

Great Jack O' Lantern Blaze!



It features over 7,000 hand-carved, illuminated pumpkins set against the mysterious backdrop of Van Cortlandt Manors 18th-century buildings and riverside landscape. Complete with

synchronized lighting and an original soundtrack, this one-of-a-kind event is not to be missed! We will take a charter bus from Arlington High School at 3pm. You will have the option to walk the grounds of Lyndhurst Estate, get a bite to eat or attend the We will have tickets to 7pm entrance to the Blaze and return to the High School around 10:30pm.

Course #3001 ▪ 3pm - 10:30pm

\$82 (sorry no discounts) ▪ Sat 10/19



Kick off the holiday season and join us on Saturday, November 18, to see the Christmas Spectacular at Radio City Music Hall. The charter bus will leave Arlington High School @8:30am and drop us at Radio City for our 11am show. After the performance, you will have the opportunity to visit Rockefeller Center, St Patrick's Cathedral and/or FAO Schwartz or have some lunch before heading back at 4pm (weather permitted) Kids may attend but must be accompanied by a parent/guardian who will be going to the show as well. Food is permitted on the bus and there is a bathroom as well.

\$145 ▪ Saturday 11/23

Course #3002 ▪ 8:30am - 6pm

(Sorry no discounts)

NYBG

NEW YORK BOTANICAL GARDEN

Holiday Train Show 2024



Enter a winter wonderland unlike any other at the Holiday Train Show, where cherished seasonal traditions find a home in our enchanting train displays, by day or night. The timeless holiday magic of rail travel fills the Garden with nostalgia as model locomotives and trolleys trundle through our picture-perfect outdoor lawn display and bring the Haupt Conservatory to life with the busy

sounds of the season. In the warmth of our landmark glasshouse, you'll find twinkling, plant-based replicas of famed local architecture creating a cityscape in miniatures meticulously crafted world brimming with the lively energy of New York City during the holidays. After dark, experience the show in a charming new light as our train conductors welcome you to Holiday Train Nights, and guide you through multiple beautifully lit Conservatory scenes, from the cactus-filled desert to the lush rainforest galleries, which offer truly card-worthy holiday photo opportunities at every turn. We will take a charter bus from Arlington High School to NYBG, leaving at 9am with an estimated return time of 7pm. We will explore the conservatory from 11:30-2:30 and then take the bus to Arthur's Avenue where you will have a few hours to eat and shop before heading back. It is recommended to make a reservation if you have a favorite restaurant in mind. (weather permitted) Feel free to pack food/snacks for the bus ride as well.
\$78 ▪ Saturday 12/7 ▪ 9am - 7pm
Course #3003
 (Sorry no discounts)

DYKER HEIGHTS CHRISTMAS LIGHTS



The stunning lights and endless decorations at Dyker Heights have become increasingly more famous over the years. Dyker Heights impressive holiday light display has been a tradition for more than 30 years and spans three avenues and several streets.

Enjoy a magical stroll through Dyker Heights where homeowners take holiday decorating to a whole new level. Visit Lucy Spatas house, the woman who started it all over 40 years ago, where every inch of her property is lined with angels, toy soldiers, and snowmen.

Adore house after house displaying thousands of lights, reindeer, nut crackers, nativity scenes, and life-size cartoon characters. This is a self-guided walking tour; we provide the transportation!
Course #3004 ▪ 2pm - 10:30pm
\$45 ▪ Sat 12/14 (sorry no discounts)

DRIVER SAFETY 5-hour Pre-Licensing Course

Mr. David Gatta

This course is mandated by New York State Department of Motor Vehicles for all New York State permit holders. Every student needs to obtain a NY State Driver's Course will result in the issuance of MV-278 form, which is needed for road test appointment. This course is being taught **ONLINE** and student is required to have a Zoom compatible computer, laptop, or Chromebook to participate. Registration is due 3 days prior to class to guarantee class and placement. Once registered, you will be requested to submit a copy of your permit. Upon submission, you will receive a Zoom invitation to attend class.

Saturday Classes ▪ 9am - 2pm ▪ \$40

Course #16551 ▪ 11/16/24
 Course #16552 ▪ 12/14/24
 Course #16553 ▪ 1/25/25
 Course #16554 ▪ 2/22/25
 Course #16555 ▪ 3/22/25

Monday Classes ▪ 4 - 9pm ▪ \$40

Course #11551 ▪ 11/4/24
 Course #11552 ▪ 12/9/24
 Course #11553 ▪ 1/13/25
 Course #11554 ▪ 2/10/25
 Course #11555 ▪ 3/10/25
 Course #11556 ▪ 4/7/25
 Course #11557 ▪ 4/28/25
 Course #11558 ▪ 5/5/25
 Course #11559 ▪ 5/12/25
 Course #11560 ▪ 6/2/25
 Course #11561 ▪ 6/9/25

DRIVER EDUCATION: 2024 Fall Driver Education Program at Arlington High School

There will be a MANDATORY informational meeting on Monday, September 16th from 6-7pm in the LGI. All students interested in taking driver education must attend this meeting accompanied by a parent or guardian.

Course Start Date:

Tuesday, 9/24, 2024

Course End Date:

Saturday, 1/28/2025

(End date may extend due to weather, or unforeseen closures. No classes will be held during holiday break)

Registration Opens:

Monday, 9/1/2025

Registration Closes:

Friday, 9/20, 2024

Lecture: (90-minute session per week)

You will choose one timeslot:

Tuesday

4-5:30pm pm or 5:30-7 pm

In car Behind-the-Wheel training:

(90-minute session per week)

Tuesday

4 Students Per Car

You will choose one timeslot.

There are limited spaces so once one fills up that timeslot will be closed.

2:30 - 4:00 pm

4:00 - 5:30 pm

5:30 - 7:00 pm

7:00 - 8:30 pm

First come - First seating choices for in-car time. Space is limited.

It is recommended that you register prior to the Mandatory Meeting to guarantee placement in the program.

Students MUST:

- ❖ Be at least 16 years old by 9/20/24
- ❖ Have a valid NYS DMV Permit or Driver's License by 9/20/24
- ❖ All Lecture and In-car driving MUST be attended to complete the course and receive an MV-285 certificate.

Register Online at:

<https://arlingtonschools.revtrak.net>

ARLINGTON REGISTRATION INFORMATION

- Students may now register online and pay with a credit card: <https://arlingtonschools.revtrak.net>
- Students may also register by printing out the registration form below and mailing it or dropping it off to Arlington High School with payment.
- Registration is requested one week prior to the start date of classes (unless specified otherwise) but registrations will be accepted through the first week of classes providing there is availability in the class.
- **Early registration is encouraged to assure placement and to avoid possible class cancellation due to insufficient enrollment.**
- Confirmations are only sent to those who submit a working email address.
- You will be notified if there is a change in the class you signed up for. If you are not contacted, simply attend your first class.
- Those registering online will get an automatic confirmation/receipt.
- Those who pay by check: your canceled check is your receipt.
- **REFUNDS WILL BE GRANTED ONLY IF CLASS IS CANCELLED.**
- Classes cancelled due to inclement weather, etc. will be posted on the Arlington website: www.arlingtonschools.org.
- These classes will be made up at the end of the course.
- Senior Citizens (those over 62), who are Arlington residents, may take a 10% discount on most classes (except noted otherwise). Please include copy of driver's license when registering.
- High school students are permitted to take all classes.
- Middle school students are permitted to take classes providing they are accompanied by a parent/guardian who will also be taking the course.
- Courses designed for younger students do not require parents to take the course (unless specified otherwise), but parents are obligated to walk children to and from their classes.
- All classes (unless specified) will be held at:
- Arlington High School 1157 Route 55, Lagrangeville (1/2 mile west of the Taconic State Parkway) unless noted in description.
- Smoking is strictly prohibited on school premises.
- *Please be aware that some of these activities may have unusual risks and it may be necessary for you to sign a waiver before participation.*

Register and pay online with a credit card: <https://arlingtonschools.revtrak.net>

or... *Make checks/money orders payable to: Arlington Central School District*

Drop off or mail payment and registration form (below) to:

Arlington Continuing Education at Arlington High School

1157 Route 55 Lagrangeville, NY 12540

ARLINGTON Continuing Education REGISTRATION FORM

Name _____

Address _____

Day Phone: _____ Evening Phone: _____

Email Address: _____

	Name	Age	Course Title	#	Time	Fee
1						
2						
3						
4						
			TOTAL			\$



ARLINGTON CENTRAL
SCHOOL DISTRICT

Arlington Continuing Adult/Community Education Program
Arlington High School
1157 Route 55
Lagrangeville, NY 12540

Non-Profit Organization

US Postage

PAID

Deposit, NY 13754

Permit 9

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