

Fun in the Sun

Play It Safe

Follow the tips below to have a super summer.

Grab your beach towel, sunglasses, and sunscreen! Summer is just around the corner. It starts on June 21. For most kids, that means more time to play outside and have fun.

Experts say that more injuries occur during the summer months. Follow these tips to make sure you stay safe while enjoying the season.

Sun Safety



Ariel Skelley for Weekly Reader
Apply sunscreen every two hours, say experts.

Many kids will spend hours playing outside in the summer sun. Be careful, though. The sun's harmful rays can cause damage to your skin and eyes.

If you are out in the sun, be sure to wear sunscreen. It should have a sun protection factor (SPF) of 15 or higher, say experts. Make sure you rub it in everywhere your skin is showing.

You should also wear a hat and sunglasses that protect against the sun's harmful rays. Better yet, play in the shade!

Water Rules



George Shelley/Masterfile

You can beat the heat by splashing in a pool. Just make sure you follow water-safety rules. Always swim with a grown-up watching you. You should also swim with a buddy. If you don't know how to swim, you can take lessons.

Wheel Smarts



Richard Hutchings/Corbis

Biking and in-line skating are good ways to exercise. To stay wheel safe, always wear a helmet. It protects your head and brain if you fall. If you are in-line skating, also wear wrist guards, elbow pads, and kneepads.

Name: _____ Date: _____

Directions: Answer the following four questions based on the information in the passage.

1. What should you do to protect yourself when you are playing in the sun?

2. What should you do to be safe when you are in a pool?

3. What type of injury might happen if you rode a bike without a helmet and fell off?

4. What is this passage mostly about?

Directions: Please read the sentence below and then write the word or phrase that best answers the questions. The first answer has been provided for you.

You should wear sunscreen in the summer at the beach.

Who is the main subject of the sentence? you

5. What should you do?

6. When?

7. Where?

8. The question below is an incomplete sentence. Choose the word that best completes the sentence.

Wearing sunscreen is important _____ sunlight can damage your skin and eyes.

- A but
- B because
- C so

Directions: Read the vocabulary word and definition below. Then answer questions 9 and 10.

Vocabulary Word: **damage** (dam · age): to cause injury or harm.

9. Read the sentences below and underline all forms of the word **damage**.

- a. When I left my iPod outside in the rain, the water damaged it, and it no longer works.
- b. I was very angry when my brother damaged my fort by knocking it over.
- c. If you don't wear a helmet when you bike, you could damage your head by crashing.
- d. I damaged my newly painted room by touching the walls before they were dry.
- e. The hurricane damaged our house by causing a tree to smash one of our windows.

10. Which picture below looks like a damaged TV?



Teacher Guide and Answer Key

Passage Reading Level: Lexile 650

Featured Text Structure: Enumerative – the writer includes a list, giving examples of something. This text structure is often combined with cause/effect or problem/solution.

Passage Summary: The passage lists different activities that children like to participate in during the summer and tips on how to be safe while enjoying these activities.

To the Teacher: Read the passage aloud to the class [TIP: while reading aloud, show the passage on a whiteboard or give students copies of the passage so that they can follow along].

Then, use the text-dependent questions 1-8 to facilitate a whole class discussion to ensure students comprehend the key details from the passage.

Finally, use questions 9-10 to deep teach one important vocabulary word [TIP: you can use the model provided for teaching additional vocabulary].

1. What should you do to protect yourself when you are playing in the sun?
[Important Detail]

Suggested answer: If you are out in the sun, you should wear sunscreen, a hat, and sunglasses. [paragraph 3, 4, 5]

2. What should you do to be safe when you are in a pool? [Important Detail]

Suggested answer: When you are swimming in a pool, you should follow water-safety rules: only swim when there is a grown-up around, and swim with a buddy. [paragraph 6]

3. What type of injury might happen if you rode a bike without a helmet and fell off?
[Inferential]

Suggested answer: Helmets are designed to protect your head and brain. If you fell off a bike while riding without a helmet, you might get a head injury or concussion. [paragraph 7]

4. What is this passage mostly about? [Main Idea]

Suggested answer: The passage is about how to be safe while enjoying summertime activities.

Directions: Please read the sentence below and then write the word or phrase that best answers the questions. The first answer has been provided for you.

You should wear sunscreen in the summer at the beach.

Who is the main subject of the sentence? **you**

5. What should you do? **wear sunscreen**

6. When? **in the summer**

7. Where? **at the beach**

8. The question below is an incomplete sentence. Choose the word that best completes the sentence.

Wearing sunscreen is important _____ sunlight can damage your skin and eyes.

A but

B because

C so

To the Teacher: ReadWorks recommends that you teach this vocabulary word to the whole class out loud using the four steps listed below.

Vocabulary Word: **damage** (dam · age): to cause injury or harm.

Step 1: Introduce the word

- a. Teacher writes the word on the board and divides it into syllables: (dam · age)
- b. Teacher says: "This word is damage. What is the word?" [All students reply together out loud: "Damage."]

Step 2: Provide a child-friendly definition

- a. Teacher says: "Damage means to cause injury or harm."
- b. Teacher says: "The passage tells us that it is important to wear sunscreen to protect your skin from the rays of the sun, which could harm your skin. They could damage your skin, causing sunburn."

- c. Teacher says: "What is the word?" [All students reply together out loud: "Damage."]

Step 3: Practice the word

Teacher provides examples and additional opportunities to repeat the word. Read the first sentence out loud to your students. Begin reading it again and when you come to the vocabulary word prompt students to say the vocabulary word out loud. Then, finish reading the sentence out loud to your students.

Directions: Read the vocabulary word and definition below. Then answer questions 9 and 10.

Vocabulary Word: **damage** (dam · age): to cause injury or harm.

9. Read the sentences below and underline all forms of the word **damage**.
- a. When I left my iPod outside in the rain, the water damaged it, and it no longer works.
 - b. I was very angry when my brother damaged my fort by knocking it over.
 - c. If you don't wear a helmet when you bike, you could damage your head by crashing.
 - d. I damaged my newly painted room by touching the walls before they were dry.
 - e. The hurricane damaged our house by causing a tree to smash one of our windows.

Step 4: Check for student understanding

To the Teacher: This step can be completed as a whole class activity or as an independent practice.

10. Which picture below looks like a damaged TV?



Suggested Additional Vocabulary: expert, harmful, rays, protect