



# ARLINGTON CENTRAL SCHOOL DISTRICT

MICHAEL G. CRING, DIRECTOR

DEPARTMENT OF INTERSCHOLASTIC ATHLETICS/PHYSICAL EDUCATION & HEALTH  
1157 ROUTE 55

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**Secretary:**  
Maureen Mongelli

**Baseball**

**Basketball**

**Bowling**

**Cheerleading**

**Crew  
(Club)**

**Cross Country**

**Fencing**

**Field Hockey**

**Football**

**Golf**

**Intramurals**

**Lacrosse**

**Soccer**

**Softball**

**Student Athletic  
Council**

**Swimming**

**Tennis**

**Track & Field**

**Volleyball**

**Wrestling**



Dear Administrators, Coaches, Athletic Coordinators, and Health office employees;

The district has a board policy for advanced placement of athletes called the Advanced Placement Process or (APP). I want to bring your attention to the policy which is listed below. The policy is relatively new to our school district but does involve a number of 7<sup>th</sup> and 8<sup>th</sup> grade students each year.

The main purpose of this communication is not only for people to note the intent of (APP) for the exceptional athlete but also to see the steps a child must complete and pass to be approved.

There is one major change that I would especially like the middle school athletic coordinators and coaches to be aware of. Please note that requests for (APP) must be made 10 school days prior to the start of a sports season. Secondly, please refer to the date's physical needs to occur so that it is close to the students' performance exam.

This procedure is listed on the athletic website. If you need any clarification or have questions please contact me.

Sincerely,

Michael G. Cring

Director of Athletics

Arlington Central School

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## Advanced Placement Process

The level of competition at which a student may participate in interscholastic athletics will be determined by the following guidelines:

a) Junior High/Modified programs for grades 7-9

b) Junior Varsity/Varsity programs for grades 9-12

c) NYSPHSAA Advanced Placement Process for grades 7-8. This procedure is in compliance with the NYSPHSAA Advanced Placement Process procedures and standards, established February 2015. The intent of the program is to allow students who are exceptional as compared to their peers the opportunity to compete at a level that matches their ability. In no case will placement decisions be based on securing an adequate number of students to fill out a squad.

Arlington Central School will utilize an adapted version of the NYSPHSAA Advanced Placement Program. Based on our philosophy to provide as many athletic opportunities as possible for high school students, the Arlington Central School District does provide opportunities for Advanced Athletic Placement in grades 7 & 8 to the varsity level only.

A pupil shall be eligible for interschool competitions in grades 9, 10, 11, and 12 until his/her 19<sup>th</sup> birthday. A pupil who attains the age of 19 years on or after July 1 may continue to participate during the school year in all sports.

The student athlete must pass a sport physical given by or approved by the Arlington School District physician prior to participation, which includes team tryouts. Sports physicals are valid for one calendar year. The middle schools will make arrangements to schedule sports physicals during the school year. School nurses will notify the students when and where the physicals will be administered.

Student athletes must satisfy three components to be considered for placement on a varsity team.

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\*Complete a physical exam and have the physician's recommendation to move to the varsity level.

\*Pass 4 out of 5 components of the physical fitness exam (exceptions: bowling; golf).

\*Complete a minimum of a 3 day tryout with an evaluation completed by the coach that states they feel it is appropriate to place a student athlete on the team.

The Director of Athletics will only consider requests if they are submitted no later than ten (10) school days prior to the beginning of the varsity sports season. In addition student school physicals must be current to the dates provided below for each sports season. Students will not be re-evaluated by the physician or considered for the advanced placement process if they are not cleared when a physical is current to the date listed in the procedure.

May 15th - Fall

October 1st- Winter

February 1st - Spring

Upon successful completion of the athletic performance testing, the coach of the team that the student is attempting to qualify for must complete a sports skill evaluation of the student. As per NYSPHSAA regulations, students will try-out for up to three days (eight days for football) before a final determination on placement is made. Students who seek to compete at advanced levels must demonstrate both skill and social emotional maturity that is consistent with athletes at that level. The district must keep the best interest of the athlete as the top priority.

The final decision to selectively classify rests with the Director of Athletics.

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