



August 22, 2024

As a reminder, Arlington is a latex free school district. We require all of our buildings to be free of gloves, rubber bands and balloons that are made with latex. [Please read this Latex Memo 2024](#) for details.

Below is a reminder of physical examination and vaccination requirements.

1. **Physical Examination Requirements: Grades K, 1, 3, 5, 7, 9, 11**

Physicals are required for incoming kindergarten, first, third, fifth, seventh, ninth and eleventh grade students. The necessary forms are linked in the letter.

[Medical Requirements Letter](#)
[Health Examination Form](#)
[Dental Health Form](#)

2. **Medications in School**

If medical conditions require a child to receive medication during school hours, a physician must provide a written statement.

[Medications in School](#)
[Medications in School \(Spanish\)](#)

3. **Tdap & Varicella Vaccines: Grade 6**

Incoming 6th graders are required to receive the Tdap and Varicella vaccines.

[Tdap & Varicella Vaccines](#) (6th grade)

4. **Meningococcal Vaccine: Grades 7 and 12**

New York State Public Health Law requires that all students who are enrolled in 7th and 12th grade receive a Meningococcal vaccine.

[Meningococcal Vaccine](#) (7th and 12th grade)

The attached documents can be found in the Parent section of our website under [Health Forms and Information](#). They can be translated into additional languages or into alternative formats as needed. [Click here for instructions on how to translate documents on our website.](#)