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| **Directions: Your partner will watch you perform the overhead drop shot 5 times. If the cue is performed then check “can do”; if not check “needs practice”. Your performance need to be to the best of your ability using appropriate technique.** |
| **FORCE** | **Instructional Cue** | **Image** |  | **Attempt #** |
| **Moves feet to reach correct position for clear shot. Stand perpendicular to net.** | **http://4.bp.blogspot.com/_oXxbxjKcQr8/R6tZqo486II/AAAAAAAAADo/6EX_v9hg238/s400/Overhead+Clear.jpg** |  | **#1** | **#2** | **#3** | **#4** | **#5** |
| **Can Do** |  |  |  |  |  |
| **Needs Practice** |  |  |  |  |  |
| **Scratch your back. Contact made in front of body with a straight elbow.** | http://4.bp.blogspot.com/_oXxbxjKcQr8/R6tZqo486II/AAAAAAAAADo/6EX_v9hg238/s400/Overhead+Clear.jpghttp://t2.gstatic.com/images?q=tbn:ANd9GcTX7YOCR0BaLCz3BLU2XJyQT9-2JKkfLRjxG3Iy24xW_dJmaanBMAhttp://t2.gstatic.com/images?q=tbn:ANd9GcTX7YOCR0BaLCz3BLU2XJyQT9-2JKkfLRjxG3Iy24xW_dJmaanBMA | **Can Do** |  |  |  |  |  |
| **Needs Practice** |  |  |  |  |  |
| **MOMENTUM** | **Weight is shifted to front foot as contact is made.** | **http://4.bp.blogspot.com/_oXxbxjKcQr8/R6tZqo486II/AAAAAAAAADo/6EX_v9hg238/s400/Overhead+Clear.jpg** | **Can Do** |  |  |  |  |  |
| **Needs Practice** |  |  |  |  |  |
| **Block or tap the shuttle as you hit it, reducing the speed of the racket head.**  | **http://www.badminton-information.com/images/3_slow_drop_shot.gif** | **Can Do** |  |  |  |  |  |
| **Needs Practice** |  |  |  |  |  |
|  | **Follow through across the body. Birdie lands in the first 1/3 of court.** | **http://www.badmintonconnect.com/images/badminton-skill-drop-shot.png** | **Can Do** |  |  |  |  |  |
| **Needs Practice** |  |  |  |  |  |
| **After each person has made five drop shots, please identify one suggestion to improve their technique. Please list three positive comments about your partner’s serving technique.** |
| **List one suggestion to improve your partner’s overhead drop shot technique:****#1:** |
| **List three positive comments about your partner’s overhead drop shot technique. Please use instructional cues and science terminology:****#1:****#2:****#3:** |