Dutchess Educational Health Insurance Consortium (DEHIC): ALT PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <a href="https://eoc.Anthem.com/eocdps/">https://eoc.Anthem.com/eocdps/</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at <a href="https://eoc.anthem.com/eocdps/">www.healthcare.gov/sbc-glossary/</a> or call (844) 235-4455 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0/person or \$0/family for In- Network Providers. \$300/person or \$750/family for Non-Network Providers.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	No.	You will have to meet the <u>deductible</u> before the <u>plan</u> pays for any services.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$5,080/person or \$12,700/family for In-Network Providers. \$1,050/person or \$2,000/family for Non-Network Providers.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes, Blue Card PPO. See <a href="http://www.Anthem.com">http://www.Anthem.com</a> or call (844) 235-4455 for a list of <a href="network providers">network providers</a> . Costs may vary by site of service and how the provider bills.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

0		What You			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)  Non-Network Provider (You will pay the most)		Cimitations, Exceptions, & Other Important Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$15/visit	30% coinsurance	Virtual visits (Telehealth) benefits available.	
	Specialist visit	\$15/visit	30% coinsurance	Virtual visits (Telehealth) benefits available.	
	Preventive care/screening/immunization	No charge	30% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	30% coinsurance	none	
	Imaging (CT/PET scans, MRIs)	No charge	30% coinsurance	Prior Authorization Required	
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at https://www11.em pireblue.com/phar macyinformation/	Typically Generic	\$5/prescription (retail and home delivery)	Not covered (retail and home delivery)	Retail – 1 copay required for up to a 30-day supply	
	Typically Preferred Brand & Non-Preferred Generic Drugs	\$5/prescription plus ancillary charge for multisource brand (retail and home delivery)	Not covered (retail and home delivery)	Mail Order has the same copayments as retail, but only	
	Typically Non-Preferred Brand and Generic drugs	\$20/prescription for single source brand (retail and home delivery)	Not covered (retail and home delivery)	two copayments are required for a 90-day supply.  Prior Authorization may be required.  For more information, refer to "National Drug List" at https://www11.Anthemblue.com/pharmacyinformation/ *See Prescription Drug section If you are taking a Maintenance Medication, you must select one of the qualified mail order service options	
	Facility fee (e.g., ambulatory surgery center)	No charge	30% coinsurance	none	

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <a href="https://eoc.Anthem.com/eocdps/">https://eoc.Anthem.com/eocdps/</a>.

Common	Services You May Need	What You	Linited and Employee		
Common Medical Event		In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have outpatient surgery	Physician/surgeon fees	No charge	30% coinsurance	Penalty applied if precertification is not obtained	
If	Emergency room care	\$35/visit	Covered as In- <u>Network</u>	Copay waived if admitted within 24 hours.	
If you need immediate medical attention	Emergency medical transportation	No charge	Covered as In- <u>Network</u>	none	
incurcar attention	<u>Urgent care</u>	\$15/visit	\$15/visit <u>deductible</u> does not apply	none	
If you have a	Facility fee (e.g., hospital room)	No charge	30% coinsurance	Penalty applied if precertification is not obtained	
hospital stay	Physician/surgeon fees	No charge	30% coinsurance	Penalty applied if precertification is not obtained	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit \$15/visit Other Outpatient No charge	Office Visit 30% coinsurance Other Outpatient 30% coinsurance	Office Visit Virtual visits (Telehealth) benefits available. Penalty applied if precertification is not obtained Other Outpatient Penalty applied if precertification is not obtained	
	Inpatient services	No charge	30% coinsurance	Penalty applied if precertification is not obtained	
	Office visits	\$15/visit for the first 1 visit	30% coinsurance	Penalty applied if precertification	
If you are pregnant	Childbirth/delivery professional services	No charge	30% coinsurance	is not obtained Maternity care may include tests and services	
pregnant	Childbirth/delivery facility services	No charge	30% coinsurance	described elsewhere in the SBC (i.e. ultrasound).	
If you need hely	Home health care	No charge	30% <u>coinsurance</u> <u>deductible</u> does not apply	365 visits/benefit period.	
If you need help	Rehabilitation services	\$15/visit	Not covered	*See Therapy Services section.	
recovering or have other special	Habilitation services	\$15/visit	Not covered		
health needs	Skilled nursing care	No charge	Not covered	365 days/benefit period skilled nursing services for <u>In-Network Providers</u> .	

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <a href="https://eoc.Anthem.com/eocdps/">https://eoc.Anthem.com/eocdps/</a>.

Common	Services You May Need	What You	Limitations Evantions %		
Medical Event		In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Cimitations, Exceptions, & Other Important Information	
	Durable medical equipment	No charge	Not covered	*See <u>Durable Medical</u> <u>Equipment</u> Section Prior Authorization Required	
	Hospice services	No charge	Not covered	210 days/lifetime for <u>In-</u> <u>Network Providers.</u>	
If your child needs dental or eye care	Children's eye exam	\$5 copay	\$30 allowance <u>deductible</u> does not apply		
	Children's glasses	Allowance/copay (see limitations & exceptions for detail).	\$64 frame allowance deductible does not apply. \$25-\$45 eyeglass lens allowance deductible does not apply. \$75 contact lens Allowance deductible does not apply.	*See Vision Services section	
	Children's dental check-up	Not covered	Not covered	none	

#### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u>.)

- Cosmetic surgery
- Dental Check-up
- Private-duty nursing
- Weight loss programs

- Dental care (Adult)
- Hearing aids
- Routine eye care (Adult)

- Dental care (Pediatric)
- Long-term care
- Routine foot care

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Infertility treatment certain services
- Bariatric surgery
- Most coverage provided outside the United States. See www.bcbsglobalcore.com
- Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: New York State Department of Financial Services, One State Street, New York, NY 10004-1511, (800) 342-3736, (212) 480-6400, (518) 474-6600, Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>, or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://example.com/Health\_Last-age-number-18-25-96">Health\_Last-age-number-18-25-96</a>. For more information about the <a href="https://example.com/Marketplace">Marketplace</a>. For more information about the <a href="https

<sup>\*</sup> For more information about limitations and exceptions, see plan or policy document at https://eoc.Anthem.com/eocdps/.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, Mail Drop R/6-O, P.O. Box 11825, Albany, NY 12211

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>

New York State Department of Financial Services, One State Street, New York, NY 10004-1511, (800) 342-3736, (212) 480-6400, (518) 474-6600

Community Service Society of New York, Community Health Advocates, 105 East 22nd Street, 8th floor, New York, NY 10010, (888) 614-5400, <a href="https://www.communityhealthadvocates.org">www.communityhealthadvocates.org</a>, <a href="mailto:cha@cssny.org">cha@cssny.org</a>

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <a href="https://eoc.Anthem.com/eocdps/">https://eoc.Anthem.com/eocdps/</a>.

#### About these Coverage Examples:

Peg is Having a Baby



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Managing Joe's Type 2 Diabetes

(9 months of in-network pre-natal ca hospital delivery)	re and a	(a year of routine in-network care of a well-controlled condition)		(in-network emergency room visit and follow up care)	
■ The plan's overall deductible	<b>\$0</b>	■ The plan's overall deductible	<b>\$0</b>	■ The plan's overall deductible	\$0
Specialist copayment	\$15	Specialist copayment	\$15	Specialist copayment	\$15
■ Hospital (facility) <i>coinsurance</i>	0%	Hospital (facility) coinsurance	0%	■ Hospital (facility) <i>coinsurance</i>	0%
Other <u>coinsurance</u>	0%	Other <u>coinsurance</u>	0%	Other <u>coinsurance</u>	
This EXAMPLE event includes services like:		This EXAMPLE event includes services like:		This EXAMPLE event includes services like:	
Specialist office visits (prenatal care)		Primary care physician office visits (including		Emergency room care (including medical supplies)	
Childbirth/Delivery Professional Services		disease education)		Diagnostic test (x-ray)	
Childbirth/Delivery Facility Services		<u>Diagnostic tests</u> (blood work)		Durable medical equipment (crutches)	
Diagnostic tests (ultrasounds and blood work)		<u>Prescription drugs</u> <u>Rehabilitation services</u> (physical therapy)			<i>(ty)</i>
Specialist visit (anesthesia)		Durable medical equipment (glucose me	eter)		
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0
Copayments	\$10	<u>Copayments</u>	\$500	<u>Copayments</u>	\$100
<u>Coinsurance</u>	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$70	The total Joe would pay is	\$520	The total Mia would pay is	\$100

Mia's Simple Fracture

(TTY/TDD: 711)

**Albanian (Shqip):** Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (844) 235-4455

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Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 4455-235 (844).
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Armenian (**hայերեն**). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (844) 235-4455։

Bassa (Băsóð Wùdù): M̀ dyi dyi-diè-dè bĕ bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m̀ ké gbo-kpá-kpá kè bɔ̈́ kpɔ̃ dé m̀ bídí-wùdùǔn bó pídyi. Bɛ́ m̀ ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (844) 235-4455.

Bengali (বাংলা): যদি এই লখিপত্রের বিষয়ে আপলার কোলো প্রশ্ন খাকে, তাংলে আপলার ভাষায় বিলামূল্য সাংযায় পাওয়ার ও তথ্য পাওয়ার অধিকার আপলার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (৪४४) 235-4455 –তে কল করুল।

Burmese (မြန်မာ): ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖု (844) 235-4455 သို့ ခေါ် ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電(844) 235-4455。

Dinka (Dinka): Na noŋ thiëëc në ke de ya thorë, ke yin noŋ loŋ bë yi kuony ku wɛr alëu bë gεεr yic yin ne thoŋ du ke cin wëu ta auë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (844) 235-4455.

**Dutch (Nederlands):** Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (844) 235-4455.

Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینه ای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره (844) 235-4455) تماس بگیرید.

French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (844) 235-4455.

**German (Deutsch):** Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (844) 235-4455.

**Greek (Ελληνικά)** Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (844) 235-4455.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ય વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (844) 235-4455.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (844) 235-4455.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें(844) 235-4455

**Hmong (White Hmong):** Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (844) 235-4455.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, ị nwere ikike inweta enyemaka na ozi n'asusu gi na akwughi ugwo o bula. Ka gi na okowa okwu kwuo okwu, kpọo (844) 235-4455.

Ilokano (Ilokano): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (844) 235-4455.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (844) 235-4455.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (844) 235-4455

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには、(844) 235-4455 にお電話ください。

Khmer (ខ្មែរ)៖ បើអ្នកមានសំណួរផ្សេងទៀតអំពីឯកសារនេះ អ្នកមានសិទ្ធិទទួលជំនួយនិងព័ត៌មានជាភាសារបស់អ្នកដោយឥតគិតថ្លៃ។ ដើម្បីជជែកជាមួយអ្នកបកប្រែ សូមហៅ(844) 235-4455 ។

**Kirundi (Kirundi):** Ugize ikibazo ico arico cose kuri iyi nyandiko, ufise uburenganzira bwo kuronka ubufasha mu rurimi rwawe ata giciro. Kugira uvugishe umusemuzi, akura (844) 235-4455.

Korean (한국어): 본 문서에 대해 어떠한 문의사항이라도 있을 경우, 귀하에게는 귀하가 사용하는 언어로 무료 도움 및 정보를 얻을 권리가 있습니다. 통역사와 이야기하려면(844) 235-4455 로 문의하십시오.

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